



Please take a moment to complete the information and email
to: Angela@juiceladycherie.com Thank you!

Name: male/female: Age: Wt: Height:
Email: Ph: Blood Type:

What are your main health concerns and/or health goals?

What best describes your daily activity level?

Sedentary (e.g. I'm bed ridden)

Light (e.g. an office worker)

Medium (e.g. a professional cleaner)

Heavy (e.g. a construction worker)

What is your current occupation?

What do you typically eat/drink for breakfast, lunch, dinner and snacks?



Do you have a diagnosis for any chronic health conditions?

What medications and/or supplements (if any) are you currently taking; please include HTR (Hormone Replacement Therapy), birth control or testosterone cream (males). If so, how long and at what dose?

What are your expectations for the service?

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